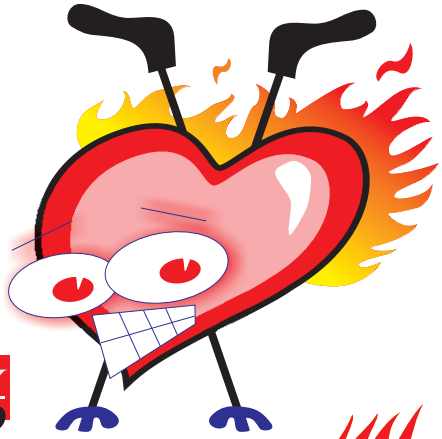
HEARTS ON FIRE

VALENTINE'S DAY 2009

L5/6 State QualiFIRE



Session #2 Level 5

Sunday - Feb 15, 2009

Check In / Stretch: 8:00 - 8:30am

Competition: 8:30 - 11:30am

MODIFIED Capital Cup Format

Awards Follow Competition

MODIFIED Capital Cup Format - This is your COMPETITION Order

Vault	Bars	Beam	Floor
Splitz - 7 AGI - 8 Ph. Flips - 4	Stars & Stripes - 10 Livonia - 7	All Am Flames - 14 Gym Jesters - 3	Splitz - 18

Name	Vault	Bars	Beam	Floor	A.A.
TEAM:					